

FALL 2024

AQUATICS

FITNESS

ENRICHMENT

SPORTS

SPECIAL EVENTS

ART

STEAM/STEM

South Lyon Area
Recreation
Authority
Discover Your Passion



RECREATION

COMMUNITY

SOUTH LYON AREA RECREATION AUTHORITY ~ 10083 COLONIAL INDUSTRIAL DR
SOUTH LYON, MI 48187 ~ 248.437.8105 ~ WWW.SLREC.NET

OFFICE INFORMATION

Hours:
Monday - Friday 8 am to 4 pm

Address:
10083 Colonial Industrial Dr.
South Lyon, MI 48178

Phone Number:
248.437.8105

Fax Number:
248.437.4324

Web Site:
www.slrec.net

SOUTH LYON AREA RECREATION AUTHORITY BOARD

Mark St. Charles, Green Oak Township
Patricia Carcone, Charter Township of Lyon
Paul Zelenak, City of South Lyon

*Meetings 4th Wednesday of every month at 2 pm,
view website for details*

SLARA OFFICE CLOSURES

September 2
November 28 & 29
December 24, 25 & 31
January 1

SLARA MISSION, VISION, AND CORE VALUES

MISSION STATEMENT

The mission of SLARA is to enhance the quality of life by providing a variety of safe, fun, and affordable activities for all ages. SLARA strengthens the bonds of community and creates accessible opportunities for renewal, growth, and enrichment.

VISION STATEMENT

To provide a diverse range of opportunities designed to keep members of the community happy, active, and productive. By maintaining fiscally responsible practices and focusing on accessibility SLARA works to be recognized as the recreational provider of choice in our area.

CORE VALUES

- Personal Fulfillment and Development
- Exceptional Customer Service
- Diversity
- Health and Wellness
- FUN!



Utilize our QR Code to gain direct access to our website for quick and easy registration!

NEVER MISS ANOTHER REGISTRATION DEADLINE,

CANCELLATION OR PROGRAM GUIDE!

Sign-up with Constant Contact TODAY!

DO YOU WANT
MONTHLY UPDATES?
OR
INFORMATION ON
UPCOMING EVENTS?

STAY CONNECTED



To stay up to date on program information, important deadlines, and all things SLARA, be sure to sign up for the SLARA Constant Contact monthly newsletter on our website at www.slrec.net.



SLARA STAFF

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ADMIN@SLREC.COM



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AQUATICS

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COMMUNITY RESOURCE DIRECTORY

ACTION SPORTS
WWW.ACTIONSPORTSMI.COM

ACTIVE FAITH COMMUNITY SERVICES
248.437.9790

AMERICAN DANCE ACADEMY
248.486.9664 ~ WWW.AMERICANDANCEACADEMY.NET

CENTER FOR ACTIVE ADULTS
248.573.8175

CHAMBER OF COMMERCE
248.437.3257

CITY OF SOUTH LYON
248.437.1735

GREEN OAK TOWNSHIP
810.231.1333

HAN'S TAE KWON DO
248.446.4051 ~ WWW.TKDSOUTHLION.COM

ISLAND LAKE STATE RECREATION AREA
810.229.7067

JUNIOR LEAGUE BASEBALL
WWW.SLJL.ORG

LYON FC SOCCER CLUB
248.701.6053 ~ WWW.LYONFCSOCCER.COM

LYON TOWNSHIP
248.437.2240

LYON TOWNSHIP LIBRARY
248.437.8800

MATCATS
WWW.MICHIGANMATCATS.COM

MICHIGAN YOUTH FLAG FOOTBALL
WWW.MICHIGANYOUTHFLAGFOOTBALL.COM

PANTHER FOOTBALL/CHEER
WWW.SOUTHLIONPANTHERS.ORG

PINZ BOWLING CENTER
248.437.0700 ~ WWW.PINZSOUTHLION.COM

SALEM/SOUTH LYON LIBRARY
248.437.6431

SOUTH LYON COMMUNITY SCHOOLS
WWW.SLCS.US

THE STUDIO
248.486.0649 ~ WWW.THESTUDIOSOUTHLION.COM

YOUTH ASSISTANCE
248.573.8189



ADULT PROGRAMS

CODING

DESIGN BEAUTIFUL WEBSITES WITH WIX

DATE: TUE., SEP. 10 - Nov. 12
TIME: 5:30 - 6:45 PM
AGE: 18+
LOCATION: VIRTUAL
INSTRUCTOR: CREATE AND LEARN

This fun hands-on class teaches you how to build beautiful professional looking websites for themselves, friends, and communities using Wix. With over 200 million users worldwide, Wix is the leading website builder for designing, creating, and managing websites exactly the way you want. And it is also easy to use. This class covers a wide range of topics in Web Design, starting from the basics of how to use WIX and how to structure your website, to designing layout, choosing color schemes, and even to creating a web store to sell products. Whether you are thinking about creating a website to showcase your own art or hobbies, feature community events, publicize your sports teams or clubs, or to help local businesses and non-profit organizations, this class will teach you how to make it. With our project-based learning approach, every student will create a portfolio of websites by the end of this class. Join us to learn about web design and development - the perfect blend of art, technology, and computer science. **Technical Requirements:** Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

CODE: 1133
R/NR FEE: \$236/\$315



DANCE

LINE DANCING

DATE: WEDNESDAY
AGE: 16+
LOCATION: 22886 PONTIAC TRAIL
INSTRUCTOR: AMERICAN DANCE ACADEMY

Discover the joy of line dancing! Join our energetic and fun-filled classes where you'll learn choreographed routines to your favorite tunes. Perfect for all skill levels, our instructors will teach you the steps while you groove to the music in a supportive and friendly environment. Whether you're a beginner or seasoned dancer, come join us for a lively session of rhythmic moves and great company!

Code	Dates	Price
8700	September 25	\$15/\$20
8702	October 23	\$15/\$20
8704	November 20	\$15/\$20
8706	All three dates	\$40/\$53



BALLROOM DANCE

DATE: MONDAY
AGE: 16+
LOCATION: 22886 PONTIAC TRAIL
INSTRUCTOR: AMERICAN DANCE ACADEMY

Step into elegance with our ballroom dance classes! Learn the timeless art of ballroom dancing in a welcoming and supportive atmosphere. Our skilled instructors will guide you through classic dances like waltz, foxtrot, and tango, enhancing your grace, confidence, and social skills. Whether you're dancing solo or with a partner, join us for an enriching experience where you'll master the steps and create memorable moments on the dance floor!

Code	Dates	Price
8701	September 23	\$15/\$20
8703	October 21	\$15/\$20
8705	November 18	\$15/\$20
8707	All three dates	\$40/\$53

ADULT PROGRAMS

FITNESS

AERIAL APPARATUS

DATE/TIME: TUE: 8-9PM
 WED: 7:30 - 8:30PM OR
 SAT: 12:30 - 1:30PM
 AGE: 14+
 LOCATION: CENTER FOR PERFORMANCE ART & LEARNING
 INSTRUCTOR: CPAL STAFF

Soar to new heights! Discover the thrill of aerial silks, slings, lyra, & dance trapeze. Whether you're a beginner or looking to further master your skills, we've got you covered! This class focuses on conditioning and perfecting form to ensure you develop the power and elegance needed to float effortlessly through the air! Transform your fitness routine and experience the magic of flying. **After registering with SLARA, participants must call the Center of Performance Arts & Learning, using the phone number (248) 207 - 4838, to reserve a timeslot. Please arrive to class in comfortable form fitting stretchy clothing and bring a water bottle to class.**

Code	Ses.	Dates	R/NR Fee
8400	1	9/9 - 10/26	\$210/\$280
8401	2	10/28 - 12/14	\$210/\$280

GROUP STRENGTH, MOBILITY, RESTORATIVE FITNESS

DATE: THU., NOV. 7 - DEC 19 (NO CLASS 11/28)
 TIME: 5:35 - 6:35 PM
 AGE: 18+
 LOCATION: MILLENNIUM MIDDLE SCHOOL - 6TH GRADE GYM
 INSTRUCTOR: RONDA BARNES

Improve strength, mobility, & body composition in a supportive group with cardio, bodyweight exercises, resistance bands, Pilates, and yoga. All major muscle groups are worked including core, finishing with restorative stretching for a complete workout. This is a full body routine, a bit different for each class, for most levels as modifications are shown. **Instructor provides basic resistance bands; however, participants can bring their own resistance bands & dumbbells specific to their strength levels. Please bring fitness or yoga mat, towel for sweat, and a water bottle.**

CODE: 8002
 R/NR FEE: \$72/\$96



ZUMBA

DATE: TUESDAY
 TIME: 6:45 - 7:45 PM
 AGE: 14+
 LOCATION: MILLENNIUM MIDDLE SCHOOL - 6TH GRADE GYM
 INSTRUCTOR: ESPERANZA

Join Elizabeth for a fun, effective, easy to follow, total body work out. Zumba classes are fast and slow cardiovascular movements set to Latin beats and high energy international music, which will motivate you to burn calories without even realizing it! Zumba is truly exercise disguised as fitness that has never felt for fun. No dance experience necessary. Please wear comfortable clothing, tennis shoes, and bring a water bottle to class.

Code	Ses.	Age	Dates	Price
8500	1	18+	9/17 - 10/22	\$49/\$65
8501	2	18+	11/5 - 12/17	\$49/\$65



ADULT PROGRAMS

LANGUAGE

FOREIGN LANGUAGE

AGE: 9+
LOCATION: CENTER OF PERFORMING ARTS & LEARNING
INSTRUCTOR: CPAL INSTRUCTORS

Bonjour! Hallo! Namaste! Konnichiwa! Hola! Learn to communicate, read, and write in various foreign language classes offered by the Center for Performance Art & Learning. These classes cover the basics of communication such as the alphabet, greetings, and key phrases. As well as learning about the cultures and traditions of each language. The classes are taught through various exercises and class conversations. **Foreign Language subjects are American Sign Language, French, German, Hindi, Japanese, and Spanish.**

Code	Language	Time	Dates
1350	American Sign Language	Thursday 6:30 - 7:30pm Skip 10/31, 11/28	9/12 - 12/5
1351	French	Tuesday 7 - 8pm	9/10 - 11/12
1352	German	Saturday 2:30 - 3:30pm	9/14 - 11/16
1353	Hindi	Friday 6 - 7pm	9/13 - 11/22
1354	Japanese	Saturday 10 - 11am	9/14 - 11/16
1356	Spanish	Tuesday 6 - 7pm	9/10 - 11/12

R/NR Fee: \$250/333



South Lyon Area
Recreation
 Authority

VOLUNTEER Opportunities

SPECIAL EVENT VOLUNTEERS

SLARA has a range of different volunteer opportunities for people 14-100 years of age.

SLARA ANNUAL EVENTS

- Pup Pawrade**
October 24, 6:30 - 7:30pm
- Nerf Wars**
November 22, 5:30 - 7:30pm
- Candy Cane Hunt**
December 7, 10 - 11:30am
- Cookie Decorating Party**
December 13, 6 - 7:30pm
- Mother Son Party**
February 28, 6:30 - 8:30pm
- Daddy Daughter Dance**
March 13-5pm and/or 6-8pm

VOLUNTEER BENEFITS

- ✓ Be apart of the community
- ✓ Meet new people
- ✓ Resume builder
- ✓ Learn new skills
- ✓ 96% of volunteers said that it uplifts their happiness
- ✓ Boosts self confidence

CONTACT US

23333 Griswold Rd.
 South Lyon, MI 48178

(248) 437 8105
 SLREC.NET



ADULT PROGRAMS

MARTIAL ARTS



SANCHIN-RYU KARATE

DATE: WED.
SESSION 1: OCT 10 – NOV 6
SESSION 2: NOV 13 – DEC 18
LOCATION: SLARA MPR
INSTRUCTOR: ROBERT THOMAS

Sanchin Ryu karate system is built for the ever-changing daily challenges we all face. The unique style emphasizes the philosophy that the road to true confidence and security is paved with your ability to understand and develop your movement, thinking, and emotions. Sanchin Ryu is a non-competitive style that meets you where you are and gauges your development and individual growth, all in a safe environment. Our belt ranking system is structured in a healthy no comparison way, and effectively recognizes each student's personal attainment and progress every stop of the way.

Code	Ses.	Ages	Times	R/ NR Fee
2762	1	18+	8 – 9 PM	\$60/\$78
2765	2	18+	8 – 9 PM	\$60/\$78



SPORTS

OVER 30 BASKETBALL

DATE: MON. AND WED.
 SEPT. 16 - DEC. 18
 (No CLASS 10/16, 11/27)
TIME: 8 - 10PM
AGES: ADULTS 30+
LOCATION: KENT LAKE ELEMENTARY ~ GYM

Come join SLARA for some non-competitive basketball and get back in the game! One low fee covers the whole season. Teams will be formed on-site during each session. You must bring your own basketball. No showers available on site.

NO ON-SITE REGISTRATION AVAILABLE. YOU MUST REGISTER WITH THE SLARA OFFICE PRIOR TO PARTICIPATING!

CODE: 8001
R/NR FEE: \$100/\$133



WOMEN'S FALL VOLLEYBALL LEAGUE

DATE: WED.
 LEAGUE PLAY BEGINS SEPT. 11
 MANAGER'S MEETING/PRACTICE NIGHT SEPT. 4
TIME: GAME TIME VARIES BETWEEN 7PM AND 8:15 PM
AGES: 18 AND UP
LOCATION: MILLENNIUM MIDDLE SCHOOL ~ MAIN GYM

The goal is for all participating teams to get at least 11 matches including playoffs. If there are any school cancellations, every effort will be made to make up games, but there is not a guarantee games will be made up. All teams make the playoffs. Weekly standings compiled. Championship shirts will be awarded to the playoff champions. Schedule to be announced shortly before the season. All teams must fill out Adult League Entry Form prior to registration. An entry form can be found on the SLARA website – slrec.net. **Returning teams have priority to reserve their spot until Fri., Aug. 16. Fees are due by August 25, rosters are due by the first game *Teams that do not have payment in by Aug. 25 risk losing a spot in the league ***

CODE: 6100F
R/NR FEE: \$380/\$486 PER TEAM
REFEREE FEE: \$20 PER TEAM/PER GAME
 (PAID IN CASH AT GAME TIME)





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W012918



AQUATICS

COMMUNITY SWIM SCHEDULE

SEPTEMBER 7 - DECEMBER 14, 2024
SOUTH LYON EAST HIGH SCHOOL POOL
52200 W. Ten Mile Road

SATURDAY
Lap Swim 10:45am - 12pm
Open Swim 2:15 - 3:45 pm <i>(no lap or open swim 11/16, 11/30)</i>

R/NR DROP-IN FEES ~ WE APPRECIATE CORRECT CHANGE
Open/Lap Swim: \$5/\$7 per person

DISCOUNT SWIM PASSES: 10 Visit Passes

R/NR \$45/\$60 = \$4.50/\$6 per visit
(children 2 and under swim free)

NOTE: Pool passes are available to purchase at the
SLARA office or the Pool



PLEASE NOTE:

SLARA RESERVES THE RIGHT TO
CANCEL OPEN/LAP SWIM IF NO PATRONS
ARRIVE WITHIN THE FIRST 30 MINUTES
OF THE SESSION.

CHECK OUR
FACEBOOK PAGE
FOR CHANGES
IN THE OPEN/LAP SWIM SCHEDULE



OPEN SWIM

- Children under 12 **must** be accompanied by an adult.
- Children under 4ft. **must** have parent/adult within arms reach.
- Anyone wishing to swim in the deep end must take a swim test.

NOTE: All open swims are pay-as-you-go programs on a first-come, first-served basis. In order to provide adequate supervision, SLARA and lifeguards on duty reserve the right to limit the number of swimmers at any activity (at any time). Groups of 8 or more must call the SLARA office at least 1 week in advance.

Note: Times are subject to change. Any changes will be posted at the pool, in the SLARA office and on-line at www.slrec.net



AQUATICS

SWIM LESSON DESCRIPTIONS

SLARA is offering a wide variety of swim classes based on the American Red Cross Learn-to-Swim Program. Progression from one level to the next will be based upon the student's skill level and readiness to learn. All classes have enrollment limits. Registration must be done in advance with the SLARA office. Due to circumstances beyond our control, it may be necessary to reschedule or cancel some swim lessons. **Parents are asked to stay off the pool deck during swim lessons.**

PRESCHOOL (AGES 4 TO 6):

Child adjustment and orientation to the water without parent. This class will also teach beginning water skills.

PRESCHOOL PARENT (AGES 4 TO 6):

This class is designed for the fearful child who may be uncomfortable entering the water alone. A parent must be in the water with the child.

LEVEL 1 (AGES 5+) - INTRODUCTION TO WATER SKILLS:

Elementary water skills including basic water safety, putting face in water and an introduction to proper breathing. The instructor will assist students with floating on front and back, front and back crawl arms, and flutter kick with barbells.

LEVEL 2 (AGES 5+) - FUNDAMENTAL AQUATIC SKILLS:

Students will learn to independently float, glide, kick and swim on front and back. They will also become comfortable jumping into the shallow water and retrieving objects under water with eyes open. Students will also be introduced to treading water and basic water safety.

LEVEL 2+ (AGES 6+):

Students will work on further development of rhythmic breathing, front and back crawl coordination and endurance. Students will also be introduced to diving, breaststroke kick and scissor kick.

LEVEL 3 (AGES 6+ - STROKE DEVELOPMENT):

Students will learn to coordinate front and back crawl, introduce dolphin and breaststroke kicks and fundamentals of treading water. Students will also learn rotary breathing, safe diving rules and learn how to dive from the side. More advanced rescue and water safety techniques will be taught. **SWIMMER MUST BE COMFORTABLE JUMPING INTO DEEP WATER!**

LEVEL 4 (AGES 7+) - STROKE IMPROVEMENT:

Students will develop confidence in the strokes they've learned by improving their technique and endurance. Students will continue to build on the butterfly, and be introduced to the elementary backstroke, breaststroke and sidestroke. Students will also learn the basics of turns at the wall, compact and stride dives, feet first surface dives, swimming underwater and the survival float as well as throwing assists and caring for a choking victim. **SWIMMER MUST BE COMFORTABLE SWIMMING IN DEEP WATER!**

Note: For your comfort and safety, please be sure that all swimmers have their hair tied back and are wearing a one piece bathing suit.

If class is canceled due to weather, mechanical failure, or other unexpected problems, there will be no make-up and no partial refunds will be given.



AQUATICS

SATURDAY - MORNING GROUP SWIM LESSONS

SESSION 1: SEP. 7 - OCT. 12, 2024 (6 CLASSES)

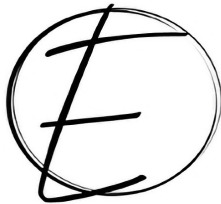
SESSION 2: OCT. 19 - DEC. 14, NO CLASS 11/16 AND 11/30 (7 CLASSES)

LOCATION: SOUTH LYON **EAST** HIGH SCHOOL - POOL

SES. 1	SES. 2	CLASS	TIME	SESSION 1 R/NR FEES	SESSION 2 R/NR FEES
4300	4400	Level 1	10:30 - 11:15 AM	\$95/\$126	\$111/\$148
4301	4401	Level 2	10:30 - 11:15 AM	\$95/\$126	\$111/\$148
4302	4402	Level 2+	11:20 AM - 12:05 PM	\$95/\$126	\$111/\$148
4303	4403	Level 3	11:20 AM - 12:05 PM	\$95/\$126	\$111/\$148
4304	4404	Preschool	12:10 - 12:40 PM	\$79/\$105	\$92/\$123
4305	4405	Preschool with Parent	12:10 - 12:40 PM	\$79/\$105	\$92/\$123
4306	4406	Level 4	12:10 - 1:10 PM	\$112/\$149	\$131/\$174
4307	4407	Private Swim Lesson	1 - 1:30 PM	\$150/\$200	\$175/\$234
4308	4408	Private Swim Lesson	1:35 - 2:05 PM	\$150/\$200	\$175/\$234
4309		Adult Private Swim Lessons	10:30 - 11 AM	\$150/\$200	\$175/\$234
4310		Adult Private Swim Lessons	11:05 - 11:35 AM	\$150/\$200	\$175/\$234

GET ON THE WAITLIST!

If the swim class you are registering for is full, please make sure to put your name on the waitlist!



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- Youth Athletic Development & Speed Classes
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- Personal & Small Group Training
- Adult ETHOS Strong Classes
- Nutritional Consults
- Offsite & Educational Services





SOUTH LYON AQUATICS SWIM TEAM

***Completed swim lessons and ready for your next challenge?
Come join our team!***

South Lyon Aquatics is a year round USA Swimming competitive swim club offering high quality professional coaching and technique instruction for all ages and abilities.

South Lyon Aquatics offers varying training groups developed around a swimmer's desire, commitment and ability with age groups ranging from 6 to 18 years. Beginning with our novice swimmers, able to make one length of the pool, to our senior level swimmers, looking to advance to the highest levels of the sport, South Lyon Aquatics can provide all a rewarding experience!

Coach evaluations are required for all *NEW* swimmers.

Please contact Head Coach Andy Cebull at the email below to set up an evaluation for your swimmer.

FOR MORE INFORMATION

Please scan the QR code below

Or contact:



Andy Cebull, SLA Head Coach
andycebull@southlyonaquatics.com

Lisa Stage, SLA VP Membership
membership@southlyonaquatics.com



South Lyon Aquatics



MOVIES IN THE PARK *at McHattie Park*

July 19 - The Lorax

Bounce houses, games, crafts
and Snowy Owl*

August 16 - Trolls *Band Together*

Bounce houses, games, crafts
and Kona Ice*

Sept. 20 - Hocus Pocus

Games, crafts and Snowy Owl*

PRE MOVIE ENTERTAINMENT

6 - 8pm

MOVIE STARTS AT DUSK

Sponsored by:



SPECIAL EVENTS

SLARA SCRAPBOOKING SERIES

DAY: MONDAY
 TIME: 5:30 – 7:30PM
 AGE: 8+
 LOCATION: SLARA MPR
 INSTRUCTOR: SLARA STAFF

Capture memories and creativity at our scrapbooking events! Join fellow enthusiasts in a relaxed and inspiring environment where you'll learn new techniques and share ideas. Bring your photos and personal mementos to create beautifully crafted keepsakes. These scrapbooking workshops will help us celebrate the big events within the Fall season. Participants will have the opportunity to create 3 creative scrapbooking pages per event. This series will continue in the Winter season, in hopes that we will be able to fill an entire scrapbook by Spring 2025! **Participants should bring at least ten photos to each workshop. SLARA will provide the rest. You're encouraged to bring memorabilia such as concert tickets, plane tickets, vacation post cards and anything reminds you of the days that you're scrapbooking.**

Code	Event Theme	Date	R/NR Fee
9300	End of Summer	9/9	\$15/\$20
9304	Halloween	11/4	\$15/\$20
9307	Thanksgiving	12/2	\$15/\$20
9310	All Dates	9/9, 11/4, 12/2	\$35/\$47

NATURE WALK WITH GRAN

DATE: SUN, SEPT. 8
 TIME: 1 – 2:30PM
 AGE: 8+
 LOCATION: VOLUNTEER PARK TRAIL
 INSTRUCTOR: SLARA STAFF

Celebrate Grandparents' Day with a refreshing nature walk! Join us for a delightful outdoor adventure where grandparents and grandchildren can explore the wonders of nature together. Throughout the walk, SLARA staff will take a polaroid picture of each child/grandparent couple. At the end of the walk, children & grandparents will have the opportunity to create using the flowers, leaves, rocks or acorns that we find throughout the trail. Don't miss this opportunity to bond, learn, and cherish special moments in nature with your loved ones!

Code: 9301
 R/NR Fee: \$5/7

FATHER/SON BOWLING

DATE: FRI., OCT. 4
 TIME: 6 – 8PM
 AGE: ALL
 LOCATION: PINZ BOWLING CENTER



Bring out your son for a fun night of bowling together at PINZ! The evening will include lanes shared with another family, pizza, and soda. Families will be able to play as many games as they can fit into a two-hour time frame. Event check-in starts at 5:30pm, bowling starts promptly at 6pm

Code: 9302
 R/NR Fee: \$26/34



PUP PAW-RADE

DATE: THU., OCT. 24
 TIME: 6:30 – 7:30PM
 AGE: ALL
 LOCATION: SOUTH LYON FARMERS MARKET

Bring your costumed pup(s) downtown during Trick or Treating for a fun PAW-RADE and costume contest! Registration is available the day of the event, although pre-registering online is preferred. **Registration on site must be made before 6:20pm at the SLARA tent in the Farmer Market Parking Lot.** The parade will start at 6:30pm at the intersection of Pontiac trail and W. Liberty St. The parade will end near the South Lyon Hotel, Whipple BLVD. Participants will be prompted to return to the Farmers Market Parking Lot for the announcement of the costume contest winners and prize distribution. We will be accepting donations for Huron Valley Humane Society. **ALL PETS MUST BE LEASHED**

Code: 9303
 R/NR FEE: FREE



SPECIAL EVENTS

MOTHER/DAUGHTER BOWLING

DATE: FRI., NOV. 8
TIME: 6 – 8PM
AGE: ALL
LOCATION: PINZ BOWLING CENTER



Moms, come enjoy the perfect mother/daughter bonding moment at PINZ Bowling Center. This Friday will include lanes shared with another family, pizza, and soda. Families will be able to play as many games as they can fit into a two-hour time frame.

CODE: 9305
R/NR FEE: \$26/\$34

NERF WARS

DATE: FRI., NOV. 22
TIME: 5:30 – 7:30PM
AGE: 7 - 14
LOCATION: BRUMMER ELEMENTARY – GYM

Celebrate the Fall season with SLARA by participating in this fun Nerf War event. It was a community favorite last winter!! So, grab your nerf gun, arrive geared up, and prepare for the battle! Participants will navigate through various obstacles and nerf many games. Snacks, drinks, and sweet treats are provided. Drop off your nerf warrior to make this a parents' night out as well! Preregistration is required. Safety goggles and darts are provided. Participants must bring their own Nerf Guns. Nerf Rival Guns & Balls are NOT ALLOWED!

CODE: 9306
R/NR FEE: \$10/\$13



CANDY CANE HUNT

DATE: SAT., DEC 7
TIME: 10AM
AGE: 5-10
LOCATION: MCHATTIE PARK

Bring your little ones out to McHattie Park to this FREE event to grab as many candy canes as you can find! Find the multi-colored candy canes to win a prize! We will break up the children into age groups. Bring your own bag to fill up. Make sure to stop by and see Santa and his elves while enjoying cookies and cocoa. We will be accepting donations for Active Faith (collecting non perishable food)

R/NR FEE: FREE



COOKIE DECORATING PARTY

DATE: FRI., DEC. 13
TIME: 6 – 7:30PM
AGE: ALL
LOCATION: CENTENNIAL MIDDLE SCHOOL – CAFETERIA

Get in the holiday spirit by joining us for an evening of cookie decorating while listening to holiday music. Bring a container with you to take home your delicious goodies! Each person registered will take home a dozen decorated cookies. **Parents are encouraged to participate with their child for free.**

CODE: 9308
R/NR FEE: \$20/26

HOME MADE GIFT PARTY

DATE: MON, DEC. 23
TIME: 9– 12:00PM
AGE: 5-12
LOCATION: SLARA

Make this Christmas extra special with our Homemade Gift Event for Young Children! Join us for a delightful crafting experience where kids can create one-of-a-kind presents for their loved ones. With the guidance of our friendly instructors, they'll unleash their creativity and craft heartfelt gifts that capture the spirit of the season. Join us for a fun-filled day of crafting joy and spreading holiday cheer!

CODE: 9309



SPECIAL EVENTS

MOM AND SON
NEON
Party

Save the Date

FRIDAY, FEBRUARY 28

R/NR FEE: \$20/\$26
MILLENNIUM MIDDLE SCHOOL

WEAR YOUR NEON CLOTHES AND GLOW STICKS FOR A NIGHT OF DANCING, FACE PAINTING, PICTURES, AND OTHER ACTIVITIES!!

South Lyon Area
Recreation
Authority

Daddy *SAVE THE DATE* **Daughter**

MOVIE

PREMIERE PARTY

Red Carpet Event
at Millennium Middle school

Step into the spotlight!
Dress to impress as you walk the red carpet! Get ready for a night of Hollywood glamour!
The night includes:

- ★ DJ & Dance Floor
- ★ Facepainting
- ★ Professional Photos
- ★ Cookies & Drinks
- ★ Crafts & Games!

MAR. 1	3 - 5 PM	6 - 8 PM
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YOUTH PROGRAMS

ART - CLASSES

DIY PINBALL MACHINE

DATE: MON., SEP. 23
TIME: 4:30-7:30PM
AGE: 5 - 12
LOCATION: SLARA MPR
INSTRUCTOR: KIDCREATE STUDIO

Ignite creativity in our DIY Pinball Machine Class! Kids design and construct their own pinball masterpieces, combining fun and engineering in this thrilling hands-on art experience. But that's not all! The kids will also get to design and construct their own Kaleidoscope! **Please pack a nut free snack and drink for your child.**

CODE: 1090
R/NR FEE: \$63/84



BOO BASH

DATE: FRI., OCT. 25
TIME: 10:30-11:30AM
AGE: 18 MONTHS - 6 YEARS
LOCATION: SLARA - MPR ROOM
INSTRUCTOR: KIDCREATE STUDIO

Park your broom at the door, come in and create something spooktacular! You and your young artist will get messy with paint & clay as you make a black cat, ghost or jack-o-lantern. You're welcome to come in costume. **Children must be accompanied by a caregiver.**

CODE: 1091
R/NR FEE: \$26/34



HALLOWEEN CANDY SCENE

DATE: FRI., OCT. 25
TIME: 4:30 - 7:30PM
AGE: 5-12
LOCATION: SLARA MPR
INSTRUCTOR: KIDCREATE STUDIO

What's the best part about Halloween? The candy, of course! We'll create a spooky graveyard scene out of tons of "sweet" art supplies including some halloween candy favorites like candy corn! The kids are welcome to wear their costumes to class. **Please pack a peanut free snack and drink for your child.**

CODE: 1092
R/NR FEE: \$63/84

REVEAL CANDLE MAKING

DATE: MON., NOV. 18
TIME: 5 - 6:30PM
AGE: 9-14
LOCATION: SLARA MPR
INSTRUCTOR: KIDCREATE STUDIO

Welcome to our magical art class where we will be exploring the world of reveal candles! We will be crafting unique candles, infused with your favorite scents, colors, and hidden surprises. With the addition of delightful charms into warm wax, your child's reveal candle will transform into a stunning masterpiece as the flame slowly burns down and reveals the secret treasures waiting to be discovered within. The possibilities are endless, from sparkling jewels and glittery gems to adorable animals! At the end of this class, your child will have a one of a kind candle!

CODE: 1093
R/NR FEE: \$41/55

YOUTH PROGRAMS

SCRATCH & SNIFF THANKSGIVING

DATE: FRI., Nov. 22
TIME: 4:30 - 7:30PM
AGE: 4-9
LOCATION: SLARA MPR
INSTRUCTOR: KIDCREATE STUDIO

Get ready for an unforgettable thanksgiving experience! Imagine creating a feast with a twist - using a mix of art materials and secret ingredients to sculpt a slice of pumpkin pie that smells as delicious as it looks! Can you believe it? You'll definitely have to smell it to believe it! Get ready to unleash your inner artist and chef - it's going to be a blast! **Please pack a nut free snack and drink for your child.**

Code: 1094
R/NR Fee: \$63/84



SCRATCH & SNIFF CHRISTMAS

DATE: FRI., DEC. 20
TIME: 4:30 - 7:30PM
AGE: 4-9
LOCATION: SLARA MPR
INSTRUCTOR: KIDCREATE STUDIO

Come paint an adorable gingerbread house with a special twist that couldn't be sweeter - we'll use concoctions of art materials mixed with super secret ingredients ... so our paintings smell as yummy as they look! You'll have to smell it to believe it!

CODE: 1095
R/NR FEE: \$63/84

CHEERLEADING

CHAMPION FORCE

DATE: MON., SEP. 9 - JAN. 20
NO CLASS Nov 4, DEC. 23 & 30
LOCATION: HARDY ELEMENTARY - 24650 COLLINGWOOD DR.
INSTRUCTOR: CHAMPION FORCE ATHLETICS

Champion Force Athletics is a fun and exciting program for students ages 4-15 with or without previous experience. Students will learn jumps, kicks, arm motions, stunting, cheers, and chants and learn a pom dance routine. Students will learn the necessary skills needed for school cheerleading tryouts. Our program works to build self-confidence, poise, self-esteem and physical fitness.

In addition to registering through SLARA all new registrant paperwork is available online at <https://erp.championforce.com/online/registration>. Please complete prior to class starting.

The program also offers an OPTIONAL competition opportunity. Optional merchandise may be purchased through the Coach in class. Optional competition: \$30-\$40. Uniform (if attending competition) costs \$99 (includes vest, skirt, and bloomers). Accessory fee \$5-\$10 (if attending competition). Champion Force offers a sweepstakes fundraiser to help earn CF credits which may be used towards merchandise and special events.

Code	Division	Age:	Time	R/NR Fee
2230	1	4 - 6	5:45 - 6:30pm	\$180/\$240
2231	2	7 - 8	6:35 - 7:20pm	\$180/\$240
2232	3	9+	7:25 - 8:10pm	\$180/\$240



YOUTH PROGRAMS

CODING

SCRATCH NINJA UNITS 1 & 2

AGE: 7 - 11
 LOCATION: VIRTUAL
 INSTRUCTOR: CREATE AND LEARN

In this fun and creative class, we introduce students to the wonderful world of coding using Scratch, a platform developed by MIT. Students will use colorful drag-and-drop blocks that are intuitive and easy to use to create stories, games, and animations. We cover essential coding concepts such as conditional, loop, variables, and much more, while also exploring the intriguing features Scratch offers such as motion, sensing, and clones. Given our small class size, every child will enjoy a lot of personalized attention from their teacher. Regardless of what your child is excited about, they will surely find a way to express their interests and build their creativity with Scratch!

Technical Requirements: Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

Code	Date	Time	R/NR FEE
1105	Wednesday 9/4 - 10/23	7 - 7:55pm	\$151/\$201
1106	Monday 9/9 - 10/28	4 - 4:55pm	\$151/\$201
1107	Saturday 9/14 - 11/2	2 - 2:55pm	\$151/\$201

SCRATCH NINJA UNITS 3, 4 & 5

DATE: THU., SEP. 12 - DEC. 5
 TIME: 7 - 8:10PM
 AGE: 7 - 11
 LOCATION: VIRTUAL
 INSTRUCTOR: CREATE AND LEARN

In this fun and creative class, we introduce students to the wonderful world of coding using Scratch, a platform developed by MIT. We cover essential coding concepts such as conditional, loop, variables, and much more, while also exploring the intriguing features Scratch offers such as motion, sensing, and clones. Given our small class size, every child will enjoy a lot of personalized attention from their teacher. Regardless of what your child is excited about, they will surely find a way to express their interests and build their creativity with Scratch! **Prerequisite:** Students need to have taken Scratch Ninja 2 or have at least 20 hours of Scratch coding experience and are familiar with all coding blocks in Scratch. **Technical Requirements:** Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

Code: 1119
 R/NR FEE: \$269/\$359

SCRATCH NINJA UNITS 4 & 5

DATE: THU., OCT. 10 - DEC 5
 TIME: 7 - 8:10 PM
 AGE: 7 - 11
 LOCATION: VIRTUAL
 INSTRUCTOR: CREATE AND LEARN

In this fun and creative class, we introduce students to the wonderful world of coding using Scratch, a platform developed by MIT. We cover essential coding concepts such as conditional, loop, variables, and much more, while also exploring the intriguing features Scratch offers such as motion, sensing, and clones. Given our small class size, every child will enjoy a lot of personalized attention from their teacher. Regardless of what your child is excited about, they will surely find a way to express their interests and build their creativity with Scratch! **Prerequisite:** Students need to have taken Scratch Ninja 2 or have at least 20 hours of Scratch coding experience and are familiar with all coding blocks in Scratch. **Technical Requirements:** Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

Code: 1120
 R/NR FEE: \$189/\$252



YOUTH PROGRAMS

ACCELERATED SCRATCH UNITS 1 - 3

DATE: TUE., SEP. 10 - Nov. 26
TIME: 7-7:55PM
AGE: 10-14
LOCATION: VIRTUAL
INSTRUCTOR: CREATE AND LEARN

Studies have shown that middle school students who are new to coding do better by starting with blocked-based coding such as Scratch. This compressed series of Scratch coding classes introduces students to all of the key coding concepts in just 8 sessions and prepares them for more advanced computer science courses. Advanced Scratch coding sets students up for success. Unlike many coding classes where kids are handed a sheet of paper and asked to follow instructions, with our small classes' interactive setting and inquiry-based teaching style, teachers lead kids who are taking early steps in coding through an enlightening process of creating, critical thinking, problem solving, and mastering computational thinking skills. Discover the difference

today! **Technical Requirements:** Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

CODE: 1130
R/NR FEE: \$215/\$287

PYTHON FOR AI UNITS 1, 2, & 3

AGE: 10 - 17
LOCATION: VIRTUAL
INSTRUCTOR: CREATE AND LEARN

Are you interested in giving your child a head start in the world of coding? Look no further than Create & Learn's Python for AI class. Delve into the exciting world of mastering this essential computer programming language while having a blast. Python unlocks a realm of programming possibilities, making it a must-learn skill! Python stands as a high-level coding language favored by industry giants such as Netflix and Google. It finds applications in web development, game design, app creation, machine learning, and much more. Studies consistently highlight Python as one of the most intuitive and most popular coding languages. Our live online class not only covers the fundamentals of Python coding for kids and teenagers but also places a strong emphasis on the elements of Python most relevant to Artificial Intelligence, including data structures and libraries. If your child is keen on exploring advanced computer science and diving into one of the most sought-after programming languages, this small group class is the ideal starting point. Enroll today to provide your child with the best Python coding classes for kids and embark on an exciting coding journey with us! **Technical Requirements:** Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

Code	Date	Time	R/NR Fee
1111	Sat., 9/14 - 11/30	2 - 3:10pm	\$269/\$359
1112	Tue., 9/17 - 12/3	7 - 8:10pm	\$269/\$359



YOUTH PROGRAMS

MINECRAFT MODDING QUEST 1 - 3

DATE: TUE., SEP. 10 - Nov. 26
 TIME: 5:30 - 6:25PM
 AGE: 8 - 11
 LOCATION: VIRTUAL
 INSTRUCTOR: CREATE AND LEARN

Does your child enjoy Minecraft? Minecraft: Education Edition is built on top of the regular Minecraft game and includes additional features to teach kids coding and other STEM skills. In these carefully designed Minecraft modding classes, we cover a broad set of coding concepts. We start by introducing kids to the very basic concept of stacking commands together to make computers accomplish tasks - the fundamentals of coding. Kids will control agents to solve puzzles while interacting with different in-game characters. We will then move on to learn core coding concepts such as loop, operations, conditional, events, function, variables, and more. As students become increasingly proficient in these coding skills, they will progress to constructing more intricate structures and even coding mini games. Our enjoyable online modding courses employ an inquiry-based approach, providing your children with ample opportunities not only to learn but also to create - an idea enriching experiences! **TECHNICAL REQUIREMENTS:** Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

CODE: 1129
 R/NR FEE: \$215/\$287

BEGINNER ROBLOX GAME CODING

AGE: 8-13
 LOCATION: VIRTUAL
 INSTRUCTOR: CREATE AND LEARN

Does your kid love Roblox? With this coding class, your child will be able to create their own games for Roblox in no time. The coding approach is similar to Scratch, but is tailored specifically for developing Roblox games. It is a lot more effective for younger students compared to using Lua. Your child will learn and practice advanced coding skills, apply their imaginations, and create! **Technical Requirements:** Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

Code	Date	Time	R/NR Fee
1115	Sat. 9/14 - 11/30	4 - 5:15 PM	\$269/\$359
1116	Thu. 9/19 - 12/12	5:30- 6:45PM	\$269/\$359

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 John McCarter Construction
 Little Threads
 Children's Resale Shop
 Modern Day Snow White
 National Flag Football
 Oakland County Parks
 Pet Supplies Plus
 The Learning Experience
 South Lyon Masons



YOUTH PROGRAMS

DANCE

CLASSES WITH THE STUDIO DANCE

DATE: SESSION 1: SEP 16 - NOV 7
 SESSION 2: NOV 11 - JAN 31
 (NO CLASS 11/25-29, 12/23 - 1/4)
 LOCATION: 12632 10 MILE RD
 INSTRUCTOR: THE STUDIO DANCE INSTRUCTORS

Whether your dancer wants to simply have fun, meet new friends, get great exercise, or learn what it takes to be a star! The studio provides a wide variety of programs for students of all ages and interests. From Bounce & Boogie to Teen Hip Hop. These classes offer skills that strengthen the body/mind, increase self confidence, and teach discipline in unique ways. **Students are recommended to wear stretchy clothing or leotards, Jazz Shoes or Ballet Slippers and bring a water bottle to class each day.**

MOMMY & ME (AGE: 2.5 -3)

Code	Ses.	Day	Time	R/NR Fee
1500	1	Wed	5 - 5:30pm	\$105/140
1511	2	Wed	5 - 5:30pm	\$105/140

BALLET & JAZZ (AGE: 2.5 -3)

Code	Ses.	Day	Time	R/NR Fee
1501	1	Mon	5:30 - 6pm	\$105/\$140
1512	2	Mon	5:30 - 6pm	\$105/\$140

LYRICAL & JAZZ (AGE: 4 - 6)

Code	Ses.	Day	Time	R/NR Fee
1506A	1	Tue	5:30 - 6:15pm	\$125/\$166
1516	2	Tue	5:30 - 6:15pm	\$125/\$166

JAZZ, HIP HOP, AND TAP (AGE: 4 - 6)

Code	Ses.	Day	Time	R/NR Fee
1504	1	Tue	9:30 - 10:15am	\$125/\$166
1505	1	Thu	6:30 - 7:15pm	\$125/\$166
1517	2	Tue	9:30 - 10:15am	\$125/\$166
1518	2	Thu	6:30 - 7:15pm	\$125/\$166

BALLET (AGE: 4 - 6)

Code	Ses.	Day	Time	R/NR Fee
1507	1	Wed	6:15 - 7pm	\$125/\$166
1519	2	Wed	6:15 - 7pm	\$125/\$166

BALLET (AGE: 7 - 12)

Code	Ses.	Day	Time	R/NR Fee
1508	1	Thu	7:30 - 8:15pm	\$125/\$166
1520	2	Thu	7:30 - 8:15pm	\$125/\$166

HIP - HOP & JAZZ JAM (AGE: 7 - 12)

Code	Ses.	Day	Time	R/NR Fee
1509	1	Thu	7:15 - 8pm	\$125/\$166
1521	2	Thu	7:15 - 8pm	\$125/\$166



YOUTH PROGRAMS

GYMNASTICS

BEGINNER GYMNASTICS

DATE: TUESDAY OR WEDNESDAYS
SESSION 1: SEPT. 24-OCT. 30
SESSION 2: NOV. 12-DEC. 18
LOCATION: SLARA MPR
INSTRUCTOR: TUMBLE BUNNIES

ITTY BITTY BUNNIES (AGES 1.5-3)

This class has parents working with their child in a fun, energetic class that is filled with activities such as gymnastic focused warmups. Children will be introduced to a multitude of gymnastic equipment such as octagons, wedge mats, trampolines, and bars. **Comfortable clothing is all that is required.**

Code	Ses	Day	Time	R/NR Fee
2400	1	Tue	5:25-5:55pm	\$100/\$133
2403	1	Wed	10-10:30am	\$100/\$133
2406	2	Tue	5:25-5:55pm	\$100/\$133
2409	2	Wed	10-10:30am	\$100/\$133



BIZZY BUNNIES (AGES 3-4)

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampolines, vaults, wedge mats, and so much more. The classes are fun, fast moving, and challenging. The enthusiastic instructors will make each child feel special and encourage them to do their very best. **Comfortable clothing is all that's required.**

Code	Ses	Day	Time	R/NR Fee
2401	1	Tue	6 - 6:30pm	\$100/\$133
2404	1	Wed	10:35 - 11:05am	\$100/\$133
2407	2	Tue	6 - 6:30pm	\$100/\$133
2410	2	Wed	10:35 - 11:05am	\$100/\$133

HAPPY HOPPERS (AGES 5-7)

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampolines, vaults, wedge mats, and so much more. The classes are fun, fast moving, and challenging. The enthusiastic instructors will make each child feel special and encourage them to do their very best. **Comfortable clothing is all that's required.**

Code	Ses	Day	Time	R/NR Fee
2402	1	Tue	6:35 - 7:05pm	\$100/\$133
2405	1	Wed	11:10 - 11:40am	\$100/\$133
2408	2	Tue	6:35 - 7:05pm	\$100/\$133
2411	2	Wed	11:10 - 11:40am	\$100/\$133

YOUTH AERIAL APPARATUS

DATE/TIME: MON: 7 - 8PM
 WED: 5:30 - 6:30PM OR
 SAT: 1:30 - 2:30PM
AGE: 6 - 13
LOCATION: CENTER FOR PERFORMANCE ART & LEARNING
INSTRUCTOR: CPAL STAFF

Soar to new heights! Discover the thrill of aerial silks, slings, lyra, & dance trapeze. Whether you're a beginner or looking to further master your skills, we've got you covered! This class focuses on conditioning and perfecting form to ensure you develop the power and elegance needed to float effortlessly through the air! Transform your fitness routine and experience the magic of flying.

After registering with SLARA, participants must call the Center of Performance Arts & Learning, using the phone number (248) 207 - 4838, to reserve a timeslot. Please arrive to class in comfortable form fitting stretchy clothing and bring a water bottle to class.

Code	Ses.	Dates	R/NR Fee
2412	1	9/9 - 10-26	\$210/\$280
2413	2	10/28 - 12/14	\$210/\$280



YOUTH PROGRAMS

LANGUAGE

FOREIGN LANGUAGE

AGE: 9+
 LOCATION: CENTER OF PERFORMING ARTS & LEARNING
 INSTRUCTOR: CPAL INSTRUCTORS

Bonjour! Hallo! Namaste! Konnichiwa! Hola! Learn to communicate, read, and write in various foreign language classes offered by the Center for Performance Art & Learning. These classes cover the basics of communication such as the alphabet, greetings, and key phrases. As well as learning about the cultures and traditions of each language. The classes are taught through various exercises and class conversations. **Foreign Language subjects are American Sign Language, French, German, Hindi, Japanese, and Spanish.**

R/NR Fee: \$250/333

Code	Language	Time	Dates
1350	American Sign Language	6:30 - 7:30pm	Thursday 9/12 - 12/5 Skip 10/31, 11/28
1351	French	7 - 8pm	Tuesday 9/10 - 11/12
1352	German	2:30 - 3:30pm	Saturday 9/14 - 11/16
1353	Hindi	6 - 7pm	Friday 9/13 - 11/22
1354	Japanese	10 - 11am	Saturday 9:14 - 11/16
1356	Spanish	6- 7pm	Tuesday 9/10 - 11/12

LIFE SKILLS

CERTIFIED BABYSITTER/CPR/FIRST AID AND SAFE HOME ALONE

DATE: THU. OCT. 10
 TIME: 5:45 - 8:45PM
 AGE: 9+
 LOCATION: MILLENNIUM MIDDLE SCHOOL - CAFETERIA
 INSTRUCTOR: LIVE SAFE ACADEMY

Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. One-day class. Topics include first aid, when and how to call 911, CPR with manikin practice, choking, and more! Students will also learn how to be safe and responsible when home alone, including what to do if somebody comes to the door and the importance of not giving out personal information. Students who successfully complete the course requirements will receive a certificate of completion for Certified Babysitter/CPR/First Aid course by Live Safe Academy (valid for two years). **Bring a snack, pen and paper for notes is optional. No cell phone use during class except during break. Please note that students must arrive on time to be certified, so please arrive up to 10 minutes early.** For more information, please visit www.livesafeacademy.com/babysitting

CODE: 1250
 R/NR FEE: \$55/73



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YOUTH PROGRAMS

MARTIAL ARTS

HAN'S TAE KWON DO

DATE: MON, WED, OR FRI
 (SELECT THE DAY AT REGISTRATION)
SESSION 1: SEP. 9 – OCT. 4
SESSION 2: OCT. 7 – NOV. 8 (SKIP OCT. 28-NOV. 1)
SESSION 3: NOV. 11 – DEC. 13 (SKIP NOV. 25-29)
LOCATION: 131 E LAKE ST.
INSTRUCTOR: HAN'S TAE KWON DO

Ages 5 – 9

This is a great class to teach young kids success principles through martial arts. Our classes get kids ready to learn how to focus, have self-discipline, and respect for others. Along with these principles, they will also learn beginning techniques, self-confidence, and respect.

Code	Ses	Time	R/NR Fee
2700	1	5:10 - 6pm	\$60/\$80
2710	2	5:10 - 6pm	\$60/\$80
2719	3	5:10 - 6pm	\$60/\$80

Ages 10 – 14

Our classes for older kids help them to learn important principles to succeed in school and life. Skills such as respect, self-confidence, focus, goal setting and completion. As well as teaching important marital arts skills such as self-defense and awareness.

Code	Ses	Time	R/NR Fee
2701	1	6:10 - 7pm	\$60/\$80
2711	2	6:10 - 7pm	\$60/\$80
2720	3	6:10 - 7pm	\$60/\$80



SANCHIN-RYU KARATE

DATE: WED.
SESSION 1: OCT 10 – NOV 6
SESSION 2: NOV 13 – DEC 18
LOCATION: SLARA MPR
INSTRUCTOR: ROBERT THOMAS

Sanchin Ryu karate system is built for the ever-changing daily challenges we all face. The unique style emphasizes the philosophy that the road to true confidence and security is paved with your ability to understand and develop your movement, thinking, and emotions. Sanchin Ryu is a non-competitive style that meets you where you are and gauges your development and individual growth, all in a safe environment. Our belt ranking system is structured in a healthy no comparison way, and effectively recognizes each student's personal attainment and progress every stop of the way.

Kids (5-14) Handling stranger danger and bullies, building positive self-image, how to navigate peer pressure and circumvent it, developing self-control both physically and emotionally, and how to improve concentration.

Family (5+) Karate for kids and adult program curriculum, lessons on family safety and protection, how to avoid conflict using awareness and communications, drills, and exercise.

Code	Ses.	Ages	Times	R/ NR Fee
2760	1	Kids	6 – 7pm	\$60/\$78
2761	2	Family	7 - 8pm	\$110/\$143
2763	1	Kids	6 - 7pm	\$60/\$78
2764	2	Family	7 - 8pm	\$110/\$143



YOUTH PROGRAMS

WARRIOR LEGACY

SESSION 1: Sep. 9 – Nov. 2

SESSION 2: Nov. 4 – Jan 11 (No Class

LOCATION: 62345 8 MILE RD

INSTRUCTOR: SAHBUMNIM SHAWN DARNELL & BLACK BELT STAFF

LITTLE DRAGONS (AGES 3 - 5)

Little Warrior classes are designed for preschool aged children, 3 - 5 years of age, to help them to develop the essential physical, cognitive, emotional, social, and behavioral skills that they will need to embrace life with a positive mental attitude!

Code	Ses	Day	Time	R/NR Fee
2702	1	Mon	6-6:45pm	\$60/\$80
2703	1	Tues	10 – 10:45am	\$60/\$80
2704	1	Sat	11:30am-12:15pm	\$60/\$80
2712	2	Mon	6-6:45pm	\$60/\$80
2713	2	Tues	10 – 10:45am	\$60/\$80
2714	2	Sat	11:30am-12:15pm	\$60/\$80

Junior Warriors (Ages 6-18)

The Warrior Legacy Martial Arts junior student program is designed specifically for children of all ages to give them the skills needed to move forward in life. Students are motivated to set goals for themselves and are encouraged with positive reinforcement to reach their goals. Every child is taught that he or she has potential and through our martial arts system of leadership, every child will have the opportunity to discover that potential. Most of all, children have fun while learning valuable development-mental and lifesaving skills! **Select class time during registration**

Code	Ses	Day	Time	R/NR Fee
2705	1	Tue	5:30 - 6:30pm or 6:30 - 7:30pm	\$60/\$80
2706	1	Wed	5:30 - 6:30pm or 6:30 - 7:30pm	\$60/\$80
2707	1	Thu	5:30 - 6:30pm or 6:30 - 7:30pm	\$60/\$80
2715	2	Tue	5:30 - 6:30pm or 6:30 - 7:30pm	\$60/\$80
2716	2	Wed	5:30 - 6:30pm or 6:30 - 7:30pm	\$60/\$80
2717	2	Thu	5:30 - 6:30pm or 6:30 - 7:30pm	\$60/\$80

FAMILY WARRIORS (ALL AGES)

This program is tailored for families of all ages. Students can have the opportunity to join with siblings, mom and/or dad in an environment full of positive energy. Classes are non-competitive and teach children and adults how to work together as a team. This 60-minute class will teach Warrior Legacy Martial Arts mannerisms such as discipline, posture, eye and hand position, power, proper body movement and correct breathing. All WLMA techniques use sequential movement, which means that energy transfers naturally from one body segment to the next.

Code	Ses	Day	Time	R/NR Fee
2709	1	Sat	10:30 - 11:30am	\$60/\$80
2718	1	Sat	10:30 - 11:30am	\$60/\$80

Offering Segment 1 and Segment 2
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YOUTH PROGRAMS

MUSIC

YOUTH GUITAR LESSONS

DATE: THURSDAY
 SESSION 1: SEPT. 12 – OCT. 3
 SESSION 2: OCT. 10 – NOV. 7 (SKIP 10/31)
 SESSION 3: NOV. 14 – DEC. 12 (SKIP 11/28)
 LOCATION: SLARA
 INSTRUCTOR: WAYNE MRDJENOVICH

These exciting music programs provide the opportunity for student guitar players to gain knowledge of chords and scales, reading musical notation and playing their favorite songs! Enjoy music learning while making many new friends too! Books are available for purchase directly from your instructor.

Code	Ses	Age	Time	R/NR Fee
2302	1	6+	4 - 5pm	\$100/\$133
2305	2	6+	4 - 5pm	\$100/\$133
2310	3	6+	4 - 5pm	\$100/\$133



SONGWRITER MUSIC THEORY WORKSHOP

DATE: THURSDAY
 SESSION 1: SEPT. 12 – OCT. 3
 SESSION 2: OCT. 10 – NOV. 7 (SKIP 10/31)
 SESSION 3: NOV. 14 – DEC. 12 (SKIP 11/28)
 LOCATION: SLARA
 INSTRUCTOR: WAYNE MRDJENOVICH

These informative workshops offer an in-depth understanding of many musical elements related to the songwriting process. Students will study the songwriting styles of several famous artists in addition to learning to write their own songs. These workshops are instructed by Wayne Mrdjenovich with several excerpts from his bestselling and popular books, providing you with an abundance of musical knowledge.

Code	Ses	Age	Time	R/NR Fee
2303	1	6+	5 - 6pm	\$125/\$166
2306	2	6+	5 - 6pm	\$125/\$166
2311	3	6+	5 - 6pm	\$126/\$166

PRIVATE MUSIC LESSONS

VIOLIN, BANJO, MANDOLIN, PIANO, DRUM, GUITAR & VOICE

LOCATION: CENTER FOR PERFORMANCE ART & LEARNING
 INSTRUCTOR: CPAL STAFF

Music lessons are an ageless pastime that continues into your future. From the heart of human emotions to the enrichment of our leisure time, CPAL helps you discover music and enrich your life. Four-week sessions are available on a one-on-one basis. Students will explore the instruments, learn to read basic music, finger positions, and playing techniques. Students who already have some musical skills will further their skills while learning more advanced techniques. **SLARA Note: Student will be asked what musical instrument they're interested in taking during the registration process. CPAL Note: that participants must first register through SLARA and THEN call the Center of Performance Art & Learning at (248)-207-4838 to reserve a timeslot. Musical Instrument lessons are available Monday – Sunday after 3PM.**

Code	Ses	Age	Date	R/NR Fee
2304	1	6+	9/16 - 10/13	\$160/\$213
2307	2	6+	10/14 - 11/10	\$160/\$213
2312	3	6+	11/11 - 12/8	\$160/\$213



YOUTH PROGRAMS

THEATER

INTRO TO THEATER

DATE: TUESDAY
SESSION 1: SEP 10 - OCT 22
SESSION 2: OCT 29 - DEC 10
LOCATION: 28243 BECK RD B2
INSTRUCTOR: CPAL

Ready to shine? Learn the basics of theater, from presence to performing! Awaken your senses and imagination through fun exercises and games. This class focuses on physical awareness, intellect, imagination, and emotion. Students will participate in theatre exercises and games that involve text, voice, speech, and movement exercises. Each class focused on a different aspect of theatre. The end goal of these seven weeks is to have the students perform what they've been learning.

Code	Ses.	Age	Time	R/NR Fee
2301	1	4 - 11	7 - 8pm	\$170/\$227
2309	2	4 - 11	7 - 8pm	\$170/\$227

VOICE OVER

DATE: SATURDAY
SESSION 1: SEP 7 - OCT 19
SESSION 2: OCT 26 - DEC 14
LOCATION: 28243 BECK RD B2
INSTRUCTOR: CPAL

Have you ever had an interest in the world of voice acting? In this program, students will learn techniques such as character analysis, acting skills, vocal elasticity, pacing, tone while participating in various voice modulation exercises and warm-ups. Students will create their own character and develop a signature voice.

Code	Ses.	Age	Time	R/NR Fee
2300	1	4 - 11	1 - 2pm	\$200/\$266
2308	2	4 - 11	1 - 2pm	\$200/\$266



KINDER THEATER

DATES: SEP. 16 - DEC 2
LOCATION: 22886 PONTIAC TRAIL
INSTRUCTOR: AMERICAN DANCE ACADEMY

Welcome to the world of theatre designed to inspire rising stars ages 4, 5, & 6! Children will be introduced to acting, singing, theatre movement including tap dance that is both educational and fun – the way it should be! Rising stars will get a chance to perform in a Christmas Show at South Lyon Theater! Must wear comfortable stretchy clothing, bring water bottle, and wear tennis shoes. Questions? Please email americandanceacademy@yahoo.com

Code	Day	Age	Time	R/NR Fee
1701	Mon	4 - 6	6 - 6:40pm	\$170/\$226
1703	Tue	4 - 6	5:15 - 5:55pm	\$170/\$226
1705	Wed	4 - 6	6 - 6:40pm	\$170/\$226



ACT IT OUT

DATES: SEP 16 - DEC 2
LOCATION: 22886 PONTIAC TRAIL
INSTRUCTOR: AMERICAN DANCE ACADEMY

Join Act it Out with American Dance Academy this season during their theatre workshops! This course introduces and explores theater from page to stage. Class will include acting, voice lessons, improvisation, dance, and visual arts! Students will explore their imagination, self-expression, and build self-esteem throughout the season. Class enrollment is limited to personal attention with special guest instructors. Performances including a Halloween video & a Christmas show at the South Lyon Theater! Must wear comfortable stretchy clothing, bring water bottle, and wear tennis shoes. Questions? Please email americandanceacademy@yahoo.com

Code	Day	Age	Time	R/NR Fee
1700	Mon	7 - 12	6:45 - 7:45pm	\$190/\$253
1701	Tue	7 - 12	6 - 7pm	\$190/\$253
1702	Wed	7 - 12	6:45 - 7:45pm	\$190/\$253



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SPORTS - LEAGUES

SOCCER

FALL YOUTH SOCCER LEAGUE

DATE: SEP. 9 - OCT. 26
LOCATION: VOLUNTEER PARK - SOUTH FIELD

Register now for another exciting season of Fall Soccer with SLARA! Each league runs for 7 weeks (weather permitting). Coaches are now able to select a practice day and time out of available days, so please indicate what days your child is available when registering and they will be assigned to a team based on their availability. Players participate twice a week with practice once during the week and a game Saturday. Each child will receive a team t-shirt.

Grades K - 1 will be played 5 on 5 without goalies. Bring a #3 soccer ball to practice. Grade 2 - 3 and 4 - 5 will be played 5 on 5 with goalies. Bring a #4 soccer ball to practice. **SLARA reserves the right to alter game formats based on player registration totals. All games are officiated by the coaches, unless a referee is available.**

If you would like your child to play with a friend, both parties must submit a friend request form, which can be found on our website, slrec.net. Friend request forms must be submitted before Aug. 30. Friend requests are not guaranteed under any circumstance and we will always prioritize practice availability and team balance before friend requests.

Volunteer coaches are needed; no experience necessary. If you would like to coach, please fill out the coaching section during registration and complete a volunteer coach application. Please contact the SLARA Office at 248.437.8105 or email Justin Lambregtse at jlambregtse@slrec.com with any questions.

Coaches meeting will be held on Tues., Sept. 3 at 6 pm at the SLARA Office. Rosters/Schedules distributed after the coaches meeting! **If you do not receive rosters and schedules by September 4, please contact our office.**

Recommended Equipment: Shin Guards, appropriate size soccer ball

CODES: 3101 (K-1)
3102 (2-3)
3103 (4-5)

R/NR Fee: \$110/\$147

Registration Deadline: August 23
(REGISTRATION AFTER AUG. 23 MAY BE TAKEN BASED ON AVAILABILITY AND A \$10 LATE FEE WILL APPLY)



www.slrec.net

FALL PRESCHOOL SOCCER

DATE: SEP. 14 - OCT. 26
TIME: 10 - 11 AM
AGES: 3.5 - 5
LOCATION: VOLUNTEER PARK - SOUTH FIELD

This program is a wonderful way to introduce your preschooler to league play. Teams will play using the 4 on 4 format without goalies. Each team has one hour of participation with practice for the first 30 minutes then games for the last 30 minutes on Saturdays. **SLARA reserves the right to alter game formats based on player registration totals.** All games are officiated by the coaches. Each child receives a team t-shirt.

If you would like your child to play with a friend, both parties must submit a friend request form, which can be found on our website, slrec.net. Friend request forms must be submitted before Aug. 30. Friend requests are not guaranteed under any circumstance.

Volunteer coaches are needed; no experience necessary! If you would like to coach, please fill out the coaching section during registration and complete a volunteer coach application. Please contact the SLARA Office at 248.437.8105 or email Justin Lambregtse at jlambregtse@slrec.com with any questions.

Coaches meeting will be held on Tues, Sept. 3 at 6 pm at the SLARA Office. Rosters/Schedules distributed after the coaches meeting! **If you do not receive a roster and schedule by September 4, please contact our office.**

Recommended Equipment: Shin Guards, #3 soccer ball

CODE: 3100
R/NR FEE: \$100/\$133
REGISTRATION DEADLINE: AUGUST 23
(REGISTRATION AFTER AUG. 23 MAY BE TAKEN BASED ON AVAILABILITY AND A \$10 LATE FEE WILL APPLY)

KIDDIE KICKERS

DATE: SEP. 14 - OCT. 12
AGES: 3 - 5
LOCATION: VOLUNTEER PARK - SOUTH FIELD



Learn the basic skills of soccer including kicking, dribbling and passing with Fun Time Sports Staff! Each child is asked to bring a #3 soccer ball. No experience is necessary. This program is a great opportunity for kids that may not be ready for the Preschool Soccer League yet. Registration open until September 13.

Code	Times	R/NR Fee
3104F	9 - 10 am	\$85/\$113
3105F	10 - 11 am	\$85/\$113



SPORTS - LEAGUES

BASKETBALL

FALL YOUTH CO-ED BASKETBALL LEAGUE

DATE: SEP. 16 - Nov. 23

GRADES: K-8

LOCATION: PRACTICES AT HARDY, KENT LAKE, OR SAYRE
GAMES AT KENT LAKE

Players in grades K-8 are wanted to play in the fall basketball league! Practices are on Monday, Wednesday, or Friday, Games on Saturday. Each team will have a weekly practice and game. Practices can be anytime from 5:30-8:30, times are selected by coaches. Players are randomly assigned to teams based on what days they are available for practice, not times. Games are officiated by students of both South Lyon High Schools.

If you would like your child to play with a friend, both parties must submit a friend request form, which can be found on our website, slrec.net. Friend request forms must be submitted before Sep. 6. Friend requests are not guaranteed, we will always prioritize practice availability and team balance before friend requests.

Volunteer coaches are needed, no previous experience is necessary. If you would like to coach, please fill out the coaching section during registration and complete a volunteer coach application. Please contact the SLARA Office at 248.437.8105 or email Justin Lambregtse at jlambragtse@slrec.com with any questions.

Volunteer Coach Meeting is Mon, Sept. 9 at 6PM at the SLARA Office. Rosters and Schedules will be distributed via email, if you have not received an email with rosters and schedules by Sept 10, please reach out to us.

Recommended Equipment: Basketball (27.5 for K-1 and 2-3, 28.5 for 4-5, and 29.5 for 6-8)

CODES: 3010F (K-1)
3011F (2-3)
3012F (4-5)
3013F (6-8)

R/NR Fee: \$100/\$133

\$12.25 jersey fee for player that didn't play summer 2024.

Registration Deadline: August 30

(REGISTRATION AFTER AUG. 30 MAY BE TAKEN BASED ON AVAILABILITY AND A \$10 LATE FEE WILL APPLY)



www.slrec.net

248.437.8105

VOLLEYBALL

FALL IN-HOUSE VOLLEYBALL LEAGUE

DATE: Oct. 7-DEC. 13

GRADES: 2-8

LOCATION: PRACTICE AT MILLENNIUM MIDDLE SCHOOL GYM
GAMES AT CENTENNIAL MIDDLE SCHOOL

Bump, Set, Spike! New this year: A "Middle School" division will feature grades 6-8 and the youngest division will now feature 2nd graders! Each team will have a set evening practice time during the week. Coaches pick the practice day and time. Available practice days are Monday, Tuesday, and Thursday. Games on Friday. Each team plays one match each week. All players will receive a team t-shirt. Matches officiated by students of both South Lyon High Schools.

If you would like your child to play with a friend, both parties must submit a friend request form, which can be found on our website, slrec.net. Friend request forms must be submitted before Sep. 27. Friend requests are not guaranteed under any circumstance and we will always prioritize practice availability and team balance before friend requests.

Volunteer coaches are needed, no previous experience is necessary. If you would like to coach, please fill out the coaching section during registration and complete a volunteer coach application. Please contact the SLARA Office at 248.437.8105 or email Justin Lambregtse at jlambragtse@slrec.com with any questions.

Volunteer Coach meeting is Mon, Sep. 30 at 6PM at the SLARA office. Rosters and Schedules will be distributed via email, if you have not received an email with rosters and schedules by Oct. 1, please reach out to us.

Recommended Equipment: Knee Pads

CODES: 3210(2-3)
3211 (4-5)
3212 (6-8)

R/NR Fee: \$110/\$147

Registration Deadline: September 20

(REGISTRATION AFTER SEPT. 20 MAY BE TAKEN BASED ON AVAILABILITY AND A \$10 LATE FEE WILL APPLY)



SPORTS - CLASSES AND CLINICS

ARCHERY

ARCHERY BASICS

DATE: THURSDAY
 SESSION 1: SEPT 12 – OCT 3
 SESSION 2: OCT 10 – NOV 7 (No CLASS 10/31)
 SESSION 3: NOV 14 – DEC 12 (No CLASS 11/28)
 AGE: 7+
 LOCATION: SLARA OFFICE
 INSTRUCTOR: CERTIFIED USA ARCHERY INSTRUCTORS

Ready, Aim, Archery! Discover the sport of archery through instruction and games. This class will cover safety, use of equipment, and practicing the life-long skill of archery. Equipment provided. Participants may bring in their own equipment to class, but its use must be approved by the instructor. This program aligns with the USA Archery standards. Taught by local USA Archery Certified Instructors.

Session 1 Code: 3628
 Session 2 Code: 3629
 Session 3 Code: 3630
 R/NR FEE: \$55/\$73

BASEBALL/SOFTBALL/TEEBALL

FUN TIME SPORTS TEE BALL-OUTDOORS

DAY: WED., SEP. 18 - OCT. 16
 TIME: 5:30-6:30 PM
 AGES: 3-5
 LOCATION: VOLUNTEER PARK, NORTH BASEBALL FIELD
 INSTRUCTOR: FUN TIME SPORTS STAFF

We aim to help your children develop basic baseball skills in a fun and positive environment. This is a great way to get your child started in baseball or softball, America's favorite pastimes. No previous experience is necessary, but it is a plus. We will cover basic baseball skills including throwing and catching the ball, fielding (grounders & fly balls), playing various positions, and running the bases. Hitting instruction is also provided, with kids hitting off a tee. **Please wear sneakers, bring a water bottle, and a baseball glove**

CODE: 3604
 R/NR FEE: \$100/\$133



FUN TIME SPORTS TEE BALL-INDOORS

DAY: WED., NOV. 6 - DEC. 11 (No CLASS Nov. 27)
 TIME: 5:30-6:30 PM
 AGES: 3-5
 LOCATION: BRUMMER ELEMENTARY GYM
 INSTRUCTOR: FUN TIME SPORTS STAFF

We aim to help your children develop basic baseball skills in a fun and positive environment. This is a great way to get your child started in baseball or softball, America's favorite pastimes. No previous experience is necessary, but it is a plus. We will cover basic baseball skills including throwing and catching the ball, fielding (grounders & fly balls), playing various positions, and running the bases. Hitting instruction is also provided, with kids hitting off a tee. **Please wear sneakers, bring a water bottle, and a baseball glove**

CODE: 3611
 R/NR FEE: \$100/\$133



WINTER YOUTH BASKETBALL LEAGUE

Registration
opens
Oct. 14

Improve your basketball skills to the next level in our youth basketball program.

- Boys and girls grades K-8
- Practice once a week M-F after 5:30PM Starting the week of January 6
- Games on Saturdays First Game January 18
- Games & Practices held at S.L. Schools

R/NR Fee: \$100/\$133
 Registration Deadline: December 13
 New Player Jersey Fee: \$12.25

Registration after this date may be taken based on availability and a \$10 late fee will be applied, additionally a team jersey is not guaranteed.

Registration Link
slrec.net

Questions
248.437.8105

South Lyon Area Recreation Authority
10083 Colonial Industrial Dr.
South Lyon, MI 48178

SPORTS - CLASSES AND CLINICS

FUN TIME SPORTS BASEBALL/SOFTBALL SKILLS AND DRILLS-OUTDOORS

DAY: WED., SEP. 18 - OCT. 16
 TIME: 6:30-7:30 PM
 AGES: 6-9
 LOCATION: VOLUNTEER PARK, NORTH BASEBALL FIELD
 INSTRUCTOR: FUN TIME SPORTS STAFF

We aim to help your children develop basic baseball and softball skills in a fun and positive environment. This is a great way to get your child started in baseball or softball America's favorite pastimes. No previous experience is necessary, but it is a plus. We will cover basic baseball skills including throwing and catching the ball, fielding (grounders & fly balls), playing various positions, and running the bases. Hitting instruction is also provided, with kids hitting off a tee. **Please wear sneakers, bring a water bottle, and a baseball glove**

CODE: 3605
 R/NR FEE: \$100/\$147



FUN TIME SPORTS BASEBALL/SOFTBALL SKILLS AND DRILLS-INDOORS

DAY: WED., NOV. 6 - DEC. 11 (No CLASS Nov. 27)
 TIME: 6:30-7:30 PM
 AGES: 6-9
 LOCATION: BRUMMER ELEMENTARY GYM
 INSTRUCTOR: FUN TIME SPORTS STAFF

We aim to help your children develop basic baseball and softball skills in a fun and positive environment. This is a great way to get your child started in baseball or softball America's favorite pastimes. No previous experience is necessary, but it is a plus. We will cover basic baseball skills including throwing and catching the ball, fielding (grounders & fly balls), playing various positions, and running the bases. Hitting instruction is also provided, with kids hitting off a tee. **Please wear sneakers, bring a water bottle, and a baseball glove**

CODE: 3612
 R/NR FEE: \$100/\$133



BASKETBALL

HOOP DREAMS SKILLZ AND DRILLZ

DATE: TUE., SEPT. 17 - OCT. 22 (NO CLASS 10/15)
 TIME: 6:30 - 8PM
 GRADE: 3 - 8
 LOCATION: CENTENNIAL MIDDLE SCHOOL GYM
 INSTRUCTOR: COACH RON LEVIN - SOUTH LYON EAST VARSITY BOYS BASKETBALL COACH

Do you want to take your game to the next level? Coach Levin knows what it takes to be an elite basketball player and will train you to be the best. Master the fundamentals to take your game to the next level.

CODE: 3020
 R/NR FEE: \$150/\$200



FUN TIME SPORTS BASKETBALL

DATE: MON., NOV 11 - DEC 9
 LOCATION: BRUMMER ELEMENTARY GYM
 INSTRUCTOR: FUN TIME SPORTS STAFF



We aim to help your child develop basic basketball skills in a fun and positive environment. This is a fantastic way to get your child learning about and playing one of the world's most exciting games. NO experience is necessary, but it is a plus. Your child will learn dribbling, passing, shooting and defense. Older players will have a chance to fine tune their skills and learn in-game strategies. **Please wear sneakers, bring a water bottle and a basketball.**

Code	Ages	Times	R/NR Fee
3608	4 - 6	5:30 - 6:30 pm	\$100/\$133
3609	7 - 9	6:30 - 7:30 pm	\$100/\$133
3610	10 - 12	7:30 - 8:30 pm	\$100/\$133



SPORTS - CLASSES AND CLINICS

MULTI-SPORT

FUN TIME SPORTS-SPORTS VARIETY

DAY: TUE., SEPT. 17 - OCT. 22 (NO CLASS OCT. 15)
LOCATION: HARDY ELEMENTARY GYM
INSTRUCTOR: FUN TIME SPORTS STAFF

Fun Time Sports is very excited to offer this program. We aim to help your child develop the skills necessary to participate in any of the major American sports and beyond. This is a fun way to get your child up and moving and discovering what sports they enjoy best. Each week your child will be introduced to and taught the skills of a different sport. No experience is necessary but it is a plus. Even if your child excels at all sports this is a great way to have them practice their weaknesses and other areas of their athleticism as well as a chance to fine tune their strengths. This is fun class for a beginner and advanced child.

Code	Age	Time	R/NR Fee
3602	3-5	5:30 - 6:30 pm	\$100/\$133
3603	6-9	6:30 - 7:30 pm	\$100/\$133



FUN TIME SPORTS-SPORTS VARIETY

DATE: TUE., NOV. 12 - DEC. 10
TIME: 5:30 - 6:30PM
AGES: 4 - 7
LOCATION: HARDY ELEMENTARY GYM
INSTRUCTOR: FUN TIME SPORTS STAFF

Fun Time Sports is very excited to offer this program. We aim to help your child develop the skills necessary to participate in any of the major American sports and beyond. This is a fun way to get your child up and moving and discovering what sports they enjoy best. Each week your child will be introduced to and taught the skills of a different sport. No experience is necessary but it is a plus. Even if your child excels at all sports this is a great way to have them practice their weaknesses and other areas of their athleticism as well as a chance to fine tune their strengths. This is fun class for a beginner and advanced child.

CODE: 3616
R/NR FEE: \$100/\$133

KIDOKINETICS SPORTSPLAY

DAY: MON., SEP. 23 - NOV. 25
TIME: 4 - 5 PM
AGES: 3 - 5
LOCATION: VOLUNTEER PARK (OUTDOORS)
 SLARA OFFICES (INDOORS)
INSTRUCTOR: KIDOKINETICS STAFF



Sportsplay classes offer the widest variety of sports and activities! Sportsplay is a fun introduction to sports designed to help kids get moving and build confidence! Each week features a warm-up, an introduction to a new sport or activity, free play, cool down, and an age-appropriate anatomy and physiology lesson. We love emphasizing that educational aspect at the end with flashcards detailing different bones and muscles we used that day. Students love telling their parents about what they learned!

Class will be outdoors at Volunteer Park weather permitting and move indoors at the SLARA Offices in the event of inclement weather or cold weather.

CODE: 3400
R/NR FEE: \$250/\$333



SPORTS - CLASSES AND CLINICS

SOCCER

FUN TIME SPORTS INDOOR SOCCER

DATE: THU., NOV. 7 - DEC 12

(NO CLASS NOV 28)

LOCATION: BRUMMER ELEMENTARY GYM

INSTRUCTOR: FUN TIME SPORTS STAFF



The goal is for the kids to learn and have fun growing with the game of soccer! This co-ed class will focus on those who are still learning the game of soccer. The skills focused on will include soccer fundamentals of how to pass, dribble, and shoot. This is a relaxed setting where the emphasis will be on fun!

Please wear shin guards, bring a soccer ball and a bottle of water.

Code	Ages	Times	R/NR Fee
3613	3 - 5	5:30 pm - 6:30 pm	\$100/\$133
3614	6 - 9	6:30 pm - 7:30 pm	\$100/\$133
3615	9 - 12	7:30 pm - 8:30 pm	\$100/\$133



TENNIS

TODD BEYER TENNIS

DATE: MON., SEP. 9 - OCT. 7

LOCATION: MILENNIUM MIDDLE SCHOOL TENNIS COURTS

INSTRUCTOR: TODD BEYER OR STAFF

Come join the fun and learn the exciting game of tennis with our pro Todd Beyer and/or staff. Coach Todd has taught tennis for over 30 years. Please contact him at 734.674.6754 with any questions. Bring age-appropriate tennis racket, tennis shoes and water.

AGES 4 - 6: Introduction to tennis using low-impact tennis balls. Fun games and exercise.

AGES 7 - 10: For players new to tennis or those that have some experience. Learn/review fundamentals through drills and fun/competitive games.

AGES 11 - 14: Learn/review tennis strokes, drill and rally playing out points, and working on fundamentals.

Code	Age	Time	R/NR Fee
3300	4 - 6	5 - 6 pm	\$77/\$103
3301	7 - 10	6 - 7 pm	\$101/\$135
3302	11 - 14	7 - 8 pm	\$101/\$135

TODD BEYER INDOOR TENNIS

DATE: MON., NOV. 25 - DEC. 16

LOCATION: KENT LAKE ELEMENTARY GYM

INSTRUCTOR: TODD BEYER OR STAFF

Come join the fun and learn the exciting game of tennis with our pro Todd Beyer and/or staff. Coach Todd has taught tennis for over 30 years. Please contact him at 734.674.6754 with any questions. Bring age-appropriate tennis racket, tennis shoes and water.

AGES 4 - 6: Introduction to tennis using low-impact tennis balls. Fun games and exercise.

AGES 7 - 10: For players new to tennis or those that have some experience. Learn/review fundamentals through drills and fun/competitive games.

Code	Age	Time	R/NR Fee
3303	4 - 6	5:30 - 6:30 pm	\$77/\$103
3304	7 - 10	6:30 - 7:30 pm	\$101/\$135



SPORTS - CLASSES AND CLINICS

TRACK & FIELD

FUN TIME SPORTS TRACK AND CROSS COUNTRY-OUTDOOR

DAY/DATE: MON., SEPT. 16-OCT. 14
 LOCATION: MILLENNIUM MIDDLE SCHOOL TRACK
 INSTRUCTOR: FUN TIME SPORTS STAFF



FTS owner/coach, Steve Allen, started his sports career in track and field. It holds a special place in his heart. Join him in for the FTS Elite Track and Field Club. Come train and compete with us!! Participation in the M.I.T.S track meets are a separate fee and are optional. **Please wear sneakers and bring a water bottle.**

Code	Ages	Times	R/NR Fee
3600	5-8	5:30 - 6:30pm	\$100/\$133
3601	9-13	6:30 - 7:30pm	\$100/\$133



FUN TIME SPORTS TRACK AND CROSS COUNTRY-INDOORS

DAY/DATE: TUESDAY, NOV. 12-DEC. 10
 TIME: 6:30-7:30 PM
 AGES: 6-11
 LOCATION: HARDY ELEMENTARY GYM
 INSTRUCTOR: FUN TIME SPORTS STAFF



FTS owner/coach, Steve Allen, started his sports career in track and field. It holds a special place in his heart. Join him in for the FTS Elite Track and Field Club. Come train and compete with us!! Participation in the M.I.T.S track meets are a separate fee and are optional. **Please wear sneakers and bring a water bottle.**

R/NR FEE: \$100/\$133
 CODE: 3617

VOLLEYBALL

LEISURE UNLIMITED VOLLEYBALL SKILLS & SCRIMMAGE

DATE: FRIDAYS
 SESSION 1: SEP. 20 - OCT 25
 SESSION 2: NOV. 1 - DEC. 13 (NO CLASS 11/29)
 LOCATION: HARDY ELEMENTARY GYM
 INSTRUCTOR: JO SCHIRTZINGER, LEISURE UNLIMITED LLC

Volleyball Lite (Grades 2-4): Learn sound fundamentals in passing, serving, and spiking. We'll cover rules, rotation, and transition. Fun, progressive drills challenge players while they work at their own pace. Instructor, Coach Jo Schirtzinger is a former Class A High School Volleyball Coach, has over 40 years of competitive playing experience and is a former MHSAA official. For info: www.leisureunlimited.net. Please enter at Door 19 (adjacent to the gym and bus lane)

Volleyball (Grades 5-7): Trying to make the school volleyball team? Improve your techniques in passing, spiking, setting, blocking, and serving. We'll also cover rules, serve reception, offenses, defenses, net play, court communication and transition. Scrimmages help players apply what they've learned and enhance their understanding of the game. Instructor, Coach Jo Schirtzinger is a former Class A High School Volleyball Coach, has over 40 years of competitive playing experience and is a former MHSAA official. For info: www.leisureunlimited.net. Please enter at Door 19 (adjacent to the gym and bus lane)

Code	Ses	Grade	Times	R/NR Fee
3700	1	2 nd -4 th	6 - 7pm	\$96/\$128
3701	1	5 th -7 th	7 - 8pm	\$96/\$128
3702	2	2 nd -4 th	6 - 7pm	\$96/\$128
3703	2	5 th -7 th	7 - 8pm	\$96/\$128



SPORTS - CLASSES AND CLINICS

USA HOCKEY

LEARN TO PLAY

DATE: WED. OR SAT.

SESSION 1: 9/4 - 10/13

SESSION 2: 10/16 - 11/24

SESSION 3: 12/4 - 1/22 (NO CLASS 12/25, 12/29, 1/1)

LOCATION: USA HOCKEY ARENA

INSTRUCTOR: USA HOCKEY

The Learn to Play Hockey program is a USA Hockey Cross-Ice Instructional program. All our teaching and lesson plan materials are based on USA Hockey's American Development Model (ADM). This program is designed to be the natural progression from Learn to Skate (Hockey 1 - 4) to the Compuware House League. Are you already playing hockey? The Learn to Play Hockey program is also a great way to get additional ice time and instruction for those currently playing youth league hockey! **Prerequisite:** Already learned how to skate and have a full set of hockey equipment.

Code	Ses.	Day	Times	R/NR Fee
1134	1	Wed	6:10 - 7pm	\$138/\$184
1135	1	Sun	10 - 10:50am	\$138/\$184
1136	2	Wed	6:10 - 7 pm	\$138/\$184
1137	2	Sun	10 - 10:50 am	\$138/\$184
1138	3	Wed	6:10 - 7pm	\$138/\$184
1139	3	Sun	10-10:50am	\$138/\$184

LEARN TO SKATE

DATE: WED. OR SAT.

SESSION 1: 9/4 - 10/13

SESSION 2: 10/16 - 11/24

SESSION 3: 12/4 - 1/22 (NO CLASS 12/25, 12/29, 1/1)

AGE: 4+

LOCATION: USA HOCKEY ARENA

INSTRUCTOR: USA HOCKEY

From the first steps on the ice to mastering advanced techniques, Learn to Skate is the right start for everyone. USA Hockey Arena is excited to offer a new curriculum called Learn to Skate USA. The program, endorsed by U.S. Figure Skating, USA Hockey, US Speedskating, the Professional Skaters Association (PSA) and the Special Olympics, empowers aspiring skaters to achieve athletic and personal goals on and off the ice while providing a fun and positive experience.

Code	Ses.	Date	Times	R/NR Fee
1140	1	Wed	5:10 - 6pm	\$138/\$184
1141	1	Sat	9:30 - 10:20am	\$138/\$184
1142	2	Wed	5:10 - 6pm	\$138/\$184
1143	2	Sat	9:30 - 10:20am	\$138/\$184
1144	3	Wed	5:10 - 6pm	\$138/\$184
1145	3	Sat	9:30 - 10:20am	\$138/\$184



SCAN ME

ONLINE ONLY!!

Sports League Friend Requests

Please open the QR Code to complete your Friend Request online



NOTICE TO PARTICIPANTS

All participants are subject to the SLARA Code of Conduct. SLARA programs are offered to all persons without regard to race, color, sex, national origin, age, creed or ability. In compliance with the Americans With Disabilities Act of 1990, SLARA will make reasonable efforts to accommodate participants with disabilities for programs. For assistance, call 248.437.8105 at least seven days prior to the program or event. All athletic and recreational activities involve some risk of accident or injury. SLARA does not provide insurance nor does it assume responsibility for accidents or injuries. Participation in this program and the use of equipment is at your own risk.

NOTE TO THE COMMUNITY

Circumstances are such that some classes will not meet in consecutive weeks as scheduled. We will make every effort to assure that students will receive the total number of sessions indicated. All classes are subject to a maximum and minimum enrollment. You will be notified only if your class is cancelled, full or in conflict. Occurrences beyond our control may necessitate a change of date, room, time, instructor and/or cancellation of a class. Often, conflicts happen without prior notice and we do not have time to notify you. Your understanding is appreciated.

SLARA MEETING SCHEDULE

SLARA Board meetings are held at 2:00pm, the fourth Wednesday of every month. Schedule can be found at slrec.net

INCLEMENT WEATHER POLICY

When South Lyon schools are closed all SLARA programs held at a SL school will be cancelled. If your class is being held at a different facility, please call that facility directly to check the status of your class. The SLARA office will make every attempt to remain open and stay as close to the regularly scheduled business hours as possible during snow storms and other weather emergencies. We encourage you to call ahead to determine the operational status of the SLARA office when there appears to be reason for weather-related institutional delays and/or closures. You can also check the SLARA Facebook page and Instagram account for delays and closures. There will be no partial refunds, letter of credit or make-up for cancelled classes due to inclement weather, mechanical failure or natural disaster.

NON-TRANSFERABLE REGISTRATIONS

All SLARA registrations are solely intended for the person(s) registered and are non-transferable. This includes but is not limited to programs, classes, sports, aquatics, special events, and day camp.

PHOTO POLICY

Enrollment in SLARA programs authorizes SLARA, its employees and contractors to take your photograph for use in future brochures, flyers, documents, displays, and other publications, website and on social networking websites. SLARA will not sell, use or authorize others to use such photographs for commercial purposes.

ALLERGY INFO

Please be sure to let us know if you and/or your child have any food allergies or restrictions. We will make reasonable efforts to accommodate participants with food allergies. You may be asked to provide your own snack.

REGISTRATION

You can register via Fax, Mail-In, Walk-In or Online. Online registration available at www.slrec.net Please call the office to create an account. SLARA accepts Discover, VISA, MasterCard, or American Express. **NOTE:** There is a non-refundable \$4 convenience fee whenever you use a credit or debit card. However, this fee will be fully refunded if a class is cancelled by SLARA. Make checks payable to "SLARA". A \$25 fee will be assessed to all returned checks.

RESIDENCY POLICY

We are not affiliated with the South Lyon School District. The SLARA service area encompasses Green Oak Township, the Charter Township of Lyon and the City of South Lyon. Any person residing within the boundaries of these municipalities will be considered a "resident" and will receive a discount for most program fees. Anyone who resides outside of these municipalities will be considered a "non-resident" and be required to pay full price to participate in programs.

REFUNDS

All refund requests are charged a \$10 cancellation fee. Any refunds requested after the first class/program are charged the cost of the first day plus the cancellation fee. **NO REFUNDS** will be given after the second scheduled class/program.

For a refund, please follow these steps:

1. Cancellations must be made BY PHONE OR IN PERSON.
2. Call or visit the SLARA Office immediately to allow time for someone else to register for the class.
3. All requests must be made before **3:00 pm** on the last working day prior to the beginning of the second scheduled class/activity.

YOUTH SPORTS LEAGUES: NO REFUNDS will be given after the first practice. Refunds after the uniforms have been ordered will have the uniform and cancellation fee subtracted.

SPECIAL EVENTS/ONE DAY PROGRAMS: NO REFUNDS for special events, one day programs or convenience fees unless they are cancelled by SLARA.

KIDS KAMP: Refunds must be requested 3 weeks **PRIOR** to the week of camp requiring cancellation. If requesting a refund prior to the refund deadline, a \$10 fee is charged. After the refund deadline, absolutely **NO** refunds are allowed.

Refunds will be paid in full when classes are cancelled by SLARA. There is no refund or reduction of fees for classes missed by students. No refunds paid in cash. Refunds take 2-3 weeks to process. **NOTE:** There is a non-refundable \$4 convenience fee whenever you use a credit or debit card. However, this fee will be fully refunded if a class is cancelled by SLARA.

If a class is cancelled due to weather, mechanical failure, or other unexpected problems, an effort will be made to schedule a make-up. If it is not possible to provide a make-up, no partial refunds will be given.



Weather Cancellation Notification System

The safety and welfare of all employees and participants is of the utmost importance. This notification system has been designed to give guidance to employees, coaches, officials and participants in activities, as well as renters of SLARA facilities. The following are general guidelines. Employee judgement may be exercised in certain situations and some determinations/cancellations may be made at the facility or on the fields. ***Cancellations may occur due to inclement weather, heat index, outside restrictions or unacceptable facility conditions.***

If Program is Held at a South Lyon School Facility

When the South Lyon School facilities are closed all SLARA programs held at a South Lyon School will be cancelled. If schools are released early due to weather all after school activities will be cancelled.

***NOTE: Programs will still be held in case of in-service days.**

If Program is Held at another other Location

If programs are taking place at a facility other than a South Lyon school, please call that facility directly to check the status of your class. SLARA will make every attempt to remain open and stay as close to the regularly scheduled business hours as possible during inclement weather.

For Outdoor Events

As a matter of safety and precaution, all activities must stop if thunder is heard or lightning is seen. All players, coaches, officials, participants, and spectators are to return to their cars. NO EXCEPTIONS. Wait 30 minutes from the last sound of thunder or sight of lightning. If the weather clears, 30 minutes after last sound of thunder or sight of lightning, activity can resume. If conditions persist the activity will be cancelled.

Notification System

Time frame for such cancellations will be as follows: (if no notification has been posted, cancellations may be determined onsite)

Day of: Programs running prior to 4:00pm will be determined as soon as possible. Please understand that some circumstances are out of our control and prior notification might not be possible.

Evening of: Programs running after 4:00pm will be determined by 4:00pm

Weekends: Determined at least 1 hour prior to the beginning of the program

Special Events: Determined at least 1 hour prior to the beginning of the program

***Cancellation notices will be posted on SLARA social media accounts including Twitter, Facebook and Instagram. Notifications may also be made via email or by phone if determination is made during business hours and it is feasible to do so.**

For sports leagues, coaches will be emailed and asked to contact individual players.

Follow us on our social media platforms:



facebook.com/southlyonarearecreationauthority



instagram.com/southlyonrec



twitter.com/southlyonrec

REGISTRATION/WAIVER FORM



HOUSEHOLD INFORMATION

Last Name: _____ Primary Phone #:(_____) _____
 Address: _____ City: _____ Zip: _____
 Primary E-mail : _____
 Parent: _____ DOB: _____ Cell #:(_____) _____
 Parent: _____ DOB: _____ Cell #:(_____) _____

PROGRAM REGISTRATION

Allergies/Medical or Special Needs: _____

League Shirt Size Options: YS, YM, YL, AS, AM, AL, AXL
 League Skill Level Options: 1, 2, 3, 4, 5 (1=beginner, 5=experienced)

Participant's Name	D.O.B	Program Code #	Shirt Size	Skill Level	Fee
		#			\$
		#			\$
		#			\$
		#			\$

Total Fee: \$ _____

Credit Card Use Only

There is a non-refundable \$4 convenience fee whenever you use Discover/Visa/Mastercard/American Express. However, the convenience fee will be fully refunded if a class is cancelled by SLARA.

Credit Card#: _____ - _____ - _____ - _____ Exp. Date: _____ CVW code: _____
 Name on card (print): _____ Signature: _____ Date: _____

PLEASE READ AND SIGN WAIVER FOR PARTICIPATION:

In consideration for the foregoing, I for myself, my child, my executors, administrators, and assignees, do hereby release and discharge SLARA, all sponsors, coordinating groups, volunteers, and any individuals associated with the event, for all claim or damages, demands, actions whatsoever in manner arising or growing out of my or my child's participation in said event. In the absence of a parent/guardian's signature below, payment of fees and participation in the program shall constitute acceptance of the conditions set forth in the release. South Lyon Area Recreation Authority will not provide health and/or accident insurance for program participants. I hereby grant permission for SLARA to use myself or my child's photograph, videotape or film to publicize activities and programs.

★ Signature: _____ Date: _____
 (Participant or Parent/Guardian if participant is under 18 years old)

Mail registration with payment to: SLARA, 10083 Colonial Industrial Dr., South Lyon, MI 48178
 Hours: M – F, 8:00am to 4:00pm Phone: 248.437.8105
 Fax: 248.437.4324 Website: www.slrec.net

VOLUNTEER COACH/ASSISTANT COACH

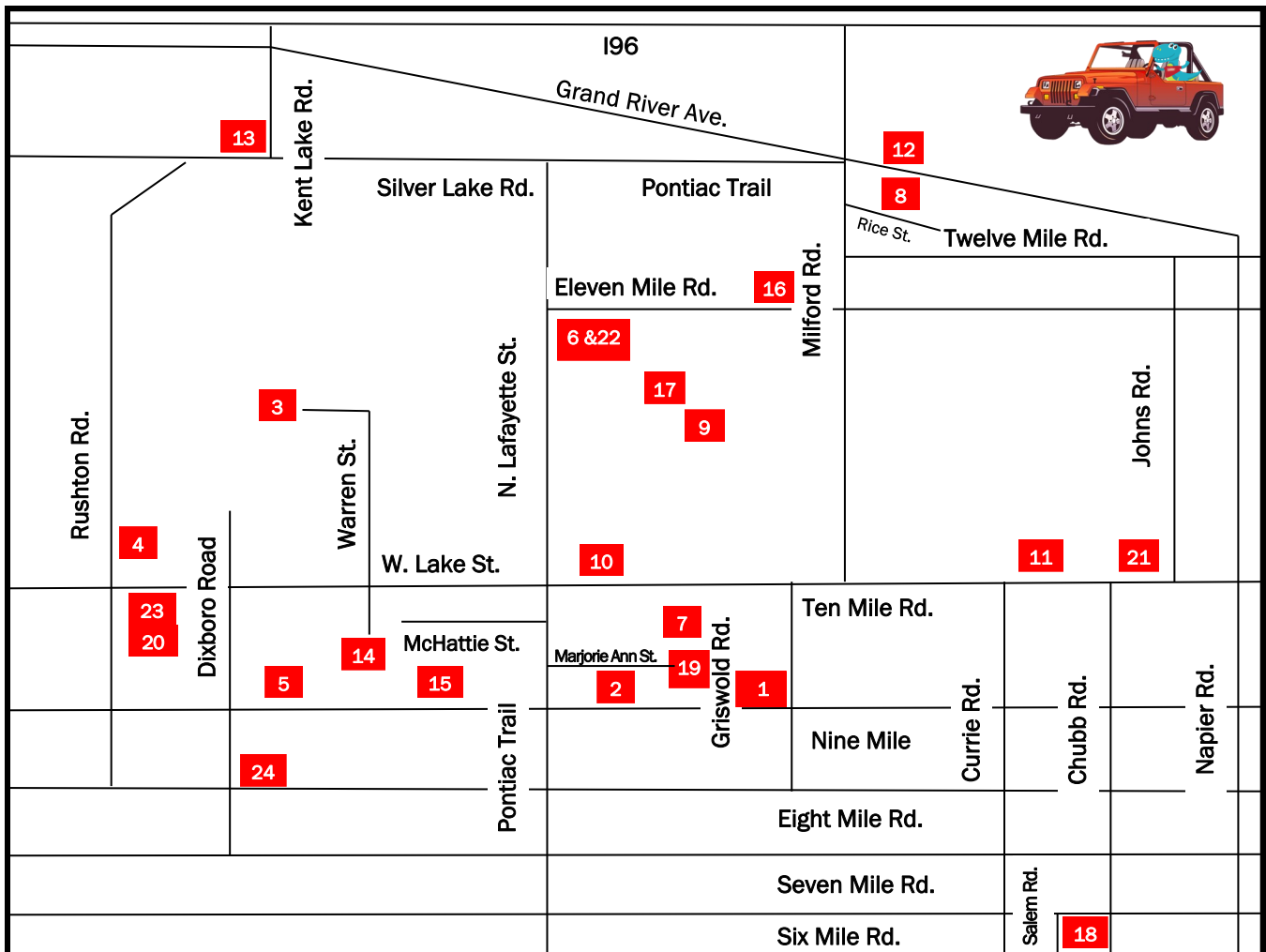
Name: _____ Date of Birth: _____ T-Shirt Size: _____
 Primary Phone #: (____) _____ Secondary #: (____) _____
 Email: _____ Coach to be placed with: _____

By signing this waiver you are allowing SLARA to conduct a standard State of Michigan I-Chat System background check on yourself.

→ If you are registering by mail, drop box or fax and you do not receive a confirmation of your registration via email, please call the office to confirm your registration. DO NOT MAIL CASH! ←

SOUTH LYON AREA RECREATION AUTHORITY VENUE MAP

- | | |
|--|--|
| <ol style="list-style-type: none"> 1. Action Sports
23333 Griswold Rd., Suite #300 248.727.8328 2. American Dance Academy
22886 Pontiac Trail 248.486.9664 3. Bartlett Elementary
350 School St. 248.573.8300 4. Brummer Elementary
9919 N. Rushton Rd. 248.573.8520 5. Centennial Middle School (6th)
62500 W. Nine Mile Rd. (7th/8th) 248.573.8590
248.573.8600 6. Center for Active Adults
1000 N. Lafayette St. 248.573.8175 7. Columbia Park
Off Ten Mile Rd, In Hunters Creek 8. Dolsen Elementary
56775 Rice St. 248.573.8400 9. Ethos Human Performance
515 N. Mill St 734.463.3008 10. Hans Tae Kwon Do
131 E. Lake St. 248.974.4780 11. Hardy Elementary
24650 Collingswood (Woodwind Sub-Division) 248.573.8650 12. Inspiration Park
56730 Grand River Ave | <ol style="list-style-type: none"> 13. Kent Lake Elementary
30181 Kent Lake Rd. 248.573.8350 14. McHattie Park
Off Pontiac Trail between Nine and Ten Mile Roads 15. Millennium Middle School (6th)
61526 W. Nine Mile Rd. (7th/8th) 248.573.8190
248.573.8200 16. Pearson Elementary
57900 Eleven Mile Rd. 248.573.8750 17. PINZ Bowling Center
700 N. Lafayette 248.437.0700 18. Salem Elementary
7806 Salem Rd. 248.573.8450 19. Sayre Elementary
23000 Valerie St. 248.573.8500 20. SLARA Office
10083 Colonial Industrial Dr 248.437.8105 21. South Lyon East High School
52200 W. Ten Mile Rd. 248.573.8700 22. South Lyon High School
1000 N. Lafayette St. 248.573.8150 23. The Studio
12632 10 Mile Road 248.486.0649 24. Volunteer Park
Dixboro between Eight and Nine Mile Roads |
|--|--|



Important Dates

August 5 - Fall Registration Opens at 8am

August 14 - Music on the Grand

August 16 - Movie in the Park - Trolls Band Together

August 23 - Fall Soccer Deadline

August 30 - Fall Basketball Deadline

September 8 - Nature Walk with Gran

September 9 - End of Summer Scrapbooking

September 20 - Fall Volleyball Deadline

September 20 - Movie in the Park - Hocus Pocus

Sept/Oct - Father/Son Bowling

October 21 - Winter Basketball Registration opens

October 24 - Pup Pawrade

November 4 - Halloween Scrapbooking

November 8 - Mother Daughter Bowling

November 22 - Nerf Wars

December 2 - Thanksgiving Scrapbooking

December 7 - Candy Cane Hunt

December 13 - Cookie Decorating Party

December 23 - Homemade Gift Party

V I S I T O U R N E W L O C A T I O N

*We have
Moved*

10083 COLONIAL INDUSTRIAL DR.
SOUTH LYON, MI 48178